

To my readers:

You are valiant and brave.

**It takes courage to enter into stories about dying.
This taboo subject is usually avoided at all costs. And
yet, other than birth into our bodies, it is the one
experience all humans share. You are invited to proceed
gently with an open heart, knowing you are a pioneer in
bringing death into life
and a leader in moving our culture from fear into love.**

**Read and listen with the assurance
you will be safe, comforted, and inspired.**

Liza Ely